



## Good Faith Estimate

With the fees set in your intake forms, there should be no or very few surprises as to the cost of services, unless there is some sort of emergency requiring Dr. Ginsberg to take action to prevent serious harm, such as suicide, homicide, or destruction of a public place. That said, it is often difficult to estimate the total cost of a course of treatment. The total cost depends on the severity of the therapeutic concerns, the type of therapy we agree to use, the frequency of visits, and how long you continue to schedule appointments. You do have a right to inquire about an estimate of the cost of any therapy services offered and Dr. Ginsberg will provide the best possible estimate. Here are a few examples: a relatively brief course of therapy would be six to eight sessions. That would cost a total of \$1080 to \$1600. Those six or eight sessions might happen weekly, every other week, or even once a month, depending on your needs. A moderate course of therapy (i.e. 20 sessions) would cost approximately \$4,000. The frequency of sessions will be determined jointly between you and Dr. Ginsberg. Some people remain in therapy for several years or move in and out of therapy on an as-needed basis. It is important to remember that mental health services provided by Dr. Ginsberg occur on a voluntary basis and thus, you have the right to stop treatment at any time or to request referrals to another provider if you wish.

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